



THE ENLIGHTENER

MARCH 2024

Epiphany UCC | St. Louis, Missouri
Benton Park Neighborhood

PK's Little Epiphanies



Hello Epiphany Friends,

We are a couple of weeks into Lent and yesterday it was 80°F and today it is only 40°F, and by Sunday it will be in the mid-70s. Wow! Sometimes the life of faith in general and our spiritual disciplines in particular feel like that. One day we are up and on top of our prayers or our fasting or our service; and the next we may find it hard to even come up with a prayer, every snack is shouting out our name, and we just want to sit in a cozy corner and knit or read. That is normal and natural! What may not feel natural is shaking that off and keeping going, even if you have a string of bad days, it doesn't make you a bad Christian or a bad person – it makes you human. Don't QUIT!!

I've been watching a lot of an Australian cartoon show called Bluey. It is really excellent television for kids AND adults. The relationships are loving and healthy; they deal with lots of family and friend issues with finesse and care; and show realistic parenting of two small children with big imaginations. There was an episode that featured an imaginary checklist and then the artist made it real -- it's here on the right...

(Continued on page 2.)

CHECKLIST

- HAVE A CRY
- PICK MYSELF UP
- DUST MYSELF OFF
- AND KEEP GOING
(THE SHOW MUST GO ON)

BLUEY



(Continued from page 1.)

I don't think every slip in our spiritual discipline merits a cry, but depending on the day, it might. It is the next three that are non-negotiable! Not only must the show go on, but life must go on, love must go on, and our work as the body of Christ must go on!

Rev. Martha "Marti" Baumer was Conference Minister in Illinois South. She used to close every meeting and gathering with the charge: "Be well, do good, don't quit!" that's wise and loving leadership right there.



If you are struggling with Lent, or with your spiritual disciplines, or with the uncertainty of... well... <gesturing vaguely at the world> ... everything don't suffer alone, reach to me or to a friend from church and we'll sit with you until you are ready, run the check list, and walk with you in the faith journey.

Be WELL, Do GOOD, DON'T QUIT!!

Pastor Krissy

Save the Dates

Mar 28 – Maundy Thursday Service

Mar 29 – Good Friday Service

Mar 31 – Easter Sunday



JOIN WEDNESDAY LENTEN GATHERINGS IN PERSON OR ON ZOOM



Log on at 6:30 p.m. to share a meal and fellowship, or at 7:00 p.m. for the Lenten study of “Where is OUR treasure?” We will have a Lectio Divina style study where a single reading is shared aloud three times (usually by three different voices). After each reading there is time for silence and reflection and then the leader will offer a question for discussion. Time for prayer will also be included.

[Zoom Link](#)

A SPECTOR IN BIBLICAL TRADITION
& POPULAR IMAGINATION

Join Epiphany's Adult Education Class As We Study

**The Book of
REVELATION**

The End Times? Or Maybe Not.
Study End Times prophecy with skepticism & grace.

Sundays, starting April 7!

9:15 AM LIVE OR ZOOM

Email to Reserve Your Spot: jmo.mott.oxford@gmail.com
Epiphany United Church of Christ
www.epiphanyucc.org
2911 McNair, 63118

CHRISTIAN EDUCATION UPDATE

We will finally delve into the New Testament book of Revelation. Our study will begin on Sunday, April 7, at 9:15 a.m. in person at church or on Zoom. If you would like to order the workbook please contact Pastor Kris as soon as possible.



EASTER *flowers*



**ORDER NOW THROUGH
SUNDAY, MARCH 10TH**

For more info or to order, contact Lois
314-498-5652 call/text or loisyatzeck@gmail.com
Plants will arrive on Easter Sunday, March 31st

of Easter Lilies ____ @ \$9.00 = \$ ____

of Tulips ____ @ \$7.00 = \$ ____

ORDER TOTAL \$ ____

Mail your checks and order payable to:
Epiphany UCC, 2911 McNair, St. Louis, MO 63118

PLEASE PRINT

Your name _____

Phone _____

Address _____

Memorial/ _____

In honor of _____

A colorful illustration of various cleaning tools arranged in a circle around a central white circle. The tools include a red bucket with a yellow handle, a yellow spray bottle, a green spray bottle, a purple squeegee, a red scrub brush, a yellow dustpan, a purple dustpan, a green rake, a green lawnmower, and a blue rake. There are also several light blue bubbles scattered around the tools.

**PRE-EASTER
CLEAN UP
MARCH 17,
2-4 P.M.**

Sign Up to Help!
Sanctuary, Fellowship Hall
& Yards

Contact Kat Logan Smith with questions

EASTER EGG HUNT

SATURDAY, MARCH 30

TIME 9:30AM

AGES 1-11

**IN THE GARDEN AT EPIPHANY UCC
2911 MC NAIR AVE. BENTON PARK 63118**



Bring your basket



**We'll also need
volunteers on
the day to keep
an eye on the
littles and to
officiate at
Rabbit Races for
the older kids.**

Dear Epiphany Members,

Share the Giggles & Delight

**Donate to the Easter Egg Project
& We Will Fill Them with Age Appropriate
Surprises for Neighborhood Children**

**Contact Kat
Logan Smith
for more
information
or to
volunteer!**





HOME REMEDY RETURNS TO EPIPHANY

Community concertgoers at Epiphany UCC love the music of Home Remedy so much that we have hosted them five times: in 2019, 2020, 2021, 2022, and on Feb. 24, 2024. Home Remedy is a folk-pop musical duo featuring Melinda Monroe on vocals and guitar and Cindy Minnis on vocals, keyboard, and percussion. Both have rich alto voices and the ability to harmonize in such a pleasing way.



Melinda and Cindy play both original music and covers (Mary Chapin Carpenter, Linda Ronstadt, John Denver, Boudleaux Bryant, etc.). Melinda has studied songwriting with master instrumentalist and storyteller John McCutcheon and has a similar ability to make audiences laugh with silly lyrics (like her “snooze button” song) and cry with tender images (like the song about the soldier carrying his violin in the airport).

We are very thankful to Melinda and Cindy for donating their time to help Epiphany raise funds to support our ministries. So far the concert has produced \$721.39, and we welcome additional gifts from newsletter readers. You may put a check in the offering plate or mail it to the church with “Feb. 24 concert” on the memo line. You may also donate online at [THIS LINK](#). Use the downward arrow to change the donation category from “General” to “Concert.”

Additionally, we are thankful for the following raffle and door prizes:

- \$40 gift certificate to [Benton Park Café](#)
- king sized flannel sheets and pillowcases, valued at \$70
- \$10 gift certificate to [Pint Size Bakery](#), with tumbler and keychain
- \$10 gift certificate to [Have a Cow](#) restaurant

Watch for an announcement of our next concert soon.



LECTIONARY READINGS FOR MARCH 2024

You can deepen your experience of worship by reading the scriptures in advance of Sunday. Worship services are often (but not always) based on one of the lessons of the week.

March 3

Exodus 20:1-17 | Psalm 19
1 Corinthians 1:18-25 | John 2:13-22

March 10

Numbers 21:4-9
Psalm 107:1-3, 17-22
Ephesians 2:1-10 | John 3:14-21

March 17

Jeremiah 31:31-34
Psalm 51:1-12 or Psalm 119:9-16
Hebrews 5:5-10 | John 12:20-33

March 24

Liturgy of the Palms
Psalm 118:1-2, 19-29
Mark 11:1-11 or John 12:12-16
Liturgy of the Passion
Isaiah 50:4-9a | Psalm 31:9-16
Philippians 2:5-11
Mark 14:1-15:47 or Mark 15:1-39, (40-47)

March 31

Acts 10:34-43 or Isaiah 25:6-9
Psalm 118:1-2, 19-29
1 Corinthians 15:1-11 or Acts 16:1-8
John 20:1-18 or Mark 16:1-8

Sundays Worship & Education

Adult Education, 9:15 a.m.

Worship, 10:30 a.m.

Click the link to Zoom with us,
or worship with us at
facebook.com/epiphanyucc.



NOISY OFFERING - 3RD SUNDAYS

JUST
DON'T GO TO CHURCH;
BE THE CHURCH.



MARCH

S	M	T	W	T	F	S
-	-	-	-	-	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

You may contact Pastor Krissy at pastorkris@epiphanyucc.org for an invitation to the Zoom worship and meetings.

March 1 - Friday: World Day of Prayer

March 2 - Saturday

March 3 - Sunday: Next Sunday DLS Time begins

9:15 a.m. Adult Discussion

10:30 a.m. Worship with Communion

March 4 - Monday

March 5 - Tuesday

8-9:30 a.m. PK Office Hours

7 p.m. Benton Park Neighborhood Assoc.

March 6 - Wednesday

6:30 p.m. Lenten supper and fellowship

7 p.m. Lenten study

March 7 - Thursday

8-9:30 a.m. PK office hours

March 8 - Friday: International Women's Day

PK day off

March 9 - Saturday

March 10- Sunday: DLS Time Begins Today

One Great Hour of Sharing Offering

9:15 a.m. Adult Discussion

10:30 a.m. Worship

March 11 - Monday: Ramadan begins

March 12 - Tuesday

8-9:30 a.m. PK Office hours

March 13 - Wednesday

6:30 p.m. Lenten supper and fellowship

7 p.m. Lenten study

March 14 - Thursday

8-9:30 a.m. PK office hours

March 15 - Friday

March 16 - Saturday

March 17 - Sunday with Noisy Offering

9:15 a.m. Adult Discussion

10:30 a.m. Worship with Communion

March 18 - Monday

March 19 - Tuesday

8-9:30 a.m. PK office hours

March 20 - Wednesday

6:30 p.m. Lenten supper and fellowship

7 p.m. Lenten study

7 p.m. Metro Toxic Air Task Force

March 21 - Thursday

7:30 a.m. Faith Labor Alliance Breakfast

7 p.m. Church Council on Zoom

March 22 - Friday

March 23 - Saturday: Purim begins

March 24 - Sunday: Purim ends

9:15 a.m. Adult Discussion

10:30 a.m. Worship

March 25 - Monday

March 26 - Tuesday

8-9:30 a.m. PK office hours

March 27 - Wednesday

6:30 p.m. Lenten supper and fellowship

7 p.m. Lenten study

March 28 - Maundy Thursday

8-9:30 a.m. PK office hours

6:30 p.m. Maundy Thursday service & meal

March 29 - Good Friday

7 p.m. Good Friday service

March 30 - Holy Saturday

March 31 - Easter Sunday

10:30 a.m. Easter Service Worship



Newsletter

Remember, the **newsletter** is only as good as the items that are submitted to the editors. We're always looking for new and interesting content. If you have anything to share (news, ideas, musings), send to [Wes](#).

BIRTHDAYS & ANNIVERSARIES



March Birthday

Bob Keller 3/17

March

Anniversary

None





**Members
who cannot
be with us
but would
love to hear
from you!**

John DeClue #529925
C/O Digital Mail Center-Missouri DOC
PO Box 25678, Tampa FL. 33622-5678

David Hon
2005 Frenken St.
Pocahontas, AR 72455

Chris Heckendorn
Garden Villa South, Apt. 130
13457 Tesson Ferry Rd.
St. Louis, MO 63128
Front desk phone: 314-843-7788
Chris welcomes visitors, please
call first.

Ministers at Epiphany

Pastor, Rev. Kristofer Avise-Rouse
President, Lois Yatzeck
Vice President, Karen Sell
Secretary, Amanda Verbeck
Treasurer, Kat Logan Smith
Council Member: Dorothy Gannon
Financial Secretary, Dorothy Gannon
Accounts Payable, Jeanette Mott Oxford

Building Care, Kat Logan Smith
Choir, Dorothy Gannon
Christian Education Chair, Lois Yatzeck
Enlightener Editor, Wes Buchek
Hospitality and Usher Coordinator,
Wes Buchek

Our Purpose: We love God by: Accepting and affirming all, fostering growth, and working for social justice.

Our Commitments:

We are "Open and Affirming"—welcoming people of all sexual orientations and gender identities into church life and leadership.

We are a "Just Peace" Church—seeking to bring peace by working for social justice.

We are a "Whole Earth" Church—committed to caring for creation and bringing a 'green' consciousness to our living.

We seek to become a "Multicultural" Church—celebrating the diversity of racial and ethnic traditions.

WE SEEK TO BE MULTI-CULTURAL AND ACCESSIBLE TO ALL

Sunday Schedule

9:15 a.m.

Christian Education

10:30 a.m.

Worship

Telephone:

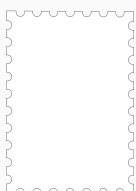
314-772-0263

Email:

pastorkris@epiphanyucc.org

Website:

www.epiphanyucc.org



Return Service Requested

Epiphany United Church of Christ
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St. Louis, MO 63118